

INFORMATION

Event date: Sunday, May 26, 2024

Location: Panthers Athletic Complex, 925 E Madison Ave Derby, KS 67037

Gates: Open 8:00 am

Registration: www.coacho.com; Registration closes Wednesday, May 23, 2024, at 11:59pm; Online Fees: \$15

Per Athlete

GATE ADMISSIONS

Athletes: Wristbands provided with entry and must always be worn for free entry into the meet. AAU Card

NOT required!

Coaches: \$5 entry unless current AAU Coaching Card is shown.

Entry Fee: Adults \$5, ages 5-under free, wristbands provided with entry and must always be worn for free

entry into the meet.

EVENT EXPECTATIONS

Race Ready: Come to the heating tent race ready. NO PARENTS!

Running/Field Events: Girls followed by boys, youngest to oldest EXCEPT High Jump. If an athlete needs to

leave a field event for a running event, please check out before doing so.

Field Events: 3 attempts with NO Finals, EXCEPT High Jump

Awards: Top 3 events in each individual and relay event will receive a medal. NO RIBBONS!

START TIMES

Field Events: 8:30 am

Long Jump: 8 & Under 9 10 11 12 13 14

Shot Put: 8 & Under 9 10 11 12 13 14

15-16 17-18 Discus Throw: 11 12 13 14

Turbo Javelin: 8 & Under 9 10 11 12

High Jump: 9 10 11 12 13 14 15-16 17-18

15-16 17-18 Triple Jump: 13 14 15-16 17-18

Running Events: 9:00 am

3000m Run: 13 14 15-16 17-18

80m Hurdles: 11 12

100m Hurdles: 13 14 15-16 17-18

100m Dash Semis: 8 & Under 9 10 11 12 13 14 15-16 17-18

1500m Run: 8 & Under 9 10 11 12 13 14 15-16 17-18

400m Dash: 8 & Under 9 10 11 12 13 14 15-16 17-18

200m Hurdles: 13 14

100m Dash Finals: 8 & Under 9 10 11 12 13 13 14 15-16

17-18

4 x 100m Relay: 8 & Under 9+10 11+12 13+14 15-16 17-18

800m Run: 8 & Under 9 10 11 12 13 14 15-16 17-18 200m Run: 8 & Under 9 10 11 12 13 14 15-16 17-18

4 x 400m Relay: 9+10 11+12 13+14 15-16 17-18

Midwest Timing with Live Results!!!

PLEASE NOTE

Coaches Check in: 8:00 am – 8:30 am; Coaches Meeting: Will take place during the 3000m run; running events will run with girls followed by boys (rolling schedule); some field and running events may be combined (Girl/Boys); some events may consist of combined age groups if there are less than (8) athletes entered in the event (age group)

Weather: The meet will only be cancelled in the event of continued inclement weather, which would jeopardize the safety of the participants (lightning, hail, heavy rain). In all other cases of inclement weather, delays in the meet may occur.

Concession stand with food and drinks will be available.
Concession and Entry Fee Payments Accepted:
Cash, Venmo, CashApp, Square