## **HUMBOLDT YOUTH TRACK MEET**

## APRIL 29, 2023 FOR ALL ATHLETES AGE 4 - 6<sup>TH</sup> GRADE

WHERE: Humboldt High School Sports Complex – 1325 Georgia Rd. Humboldt, KS 66748

TIME: Field Events begin at 10 am and Running Events will begin at 12 pm.

ENTRY FEE: \$20.00 per Athlete, no refunds will be issued. All efforts will be made to run the meet.

MEDALS: Medals to all Athletes that finish in top 3, Ribbons for Athletes that finish  $4^{th} - 6^{th}$  place.

REGISTRATION: Online registration only! Go to...... or use the QR code at the bottom to register and pay your entry fee.

Deadline to register is April 26.

CONTACT: Terry Meadows — <u>terry.meadows@usd258.net</u> -or- Eric Carlson — <u>eric.carlson@usd258.net</u>

AGE DIVISIONS: In each division boys and girls will be separate. Each Athlete may participate in 3 events + 1 relay.

PRE K / K	1 <sup>ST</sup> / 2 <sup>ND</sup> GRADE	3 <sup>RD</sup> / 4 <sup>TH</sup> GRADE	5 <sup>TH</sup> / 6 <sup>TH</sup> GRADE
50M Dash	50M Dash	100M Dash	100M Dash
100M Dash	100M Dash	200M Dash	200M Dash
200M Dash	200M Dash	400M Dash	400M Dash
400M Dash	400M Dash	800M Run	800M Run
800M Run	800M Run	1600M Run	1600M Run
Long Jump	Long Jump	Long Jump	Long Jump
Turbo-Javelin (300g)	Shot Put (4lb)	Shot Put (6lb)	Shot Put (6lb)
*No Relays	Turbo Javelin (300g)	Turbo-Javelin (400g)	Discus (1kg)
	4X100M Relay	4X100M Relay	Turbo-Javelin (400g)
	Sprint Relay	Sprint Relay	4X100M Relay
	(100,100,200,400	(100,100,200,400)	Sprint Relay
			(100,100,200,400)
			75M Hurdles

All throwing implements will be provided -3 attempts in a field events.

SCHEDULE OF EVENTS: (A more detailed schedule will be sent out once we get closer to the meet)

10:00 am Field Events

12:00 pm Running events – No Prelims – youngest age group goes first, girls followed by boys, some events may be combined gender and/or groups.

75M Hurdles, 50M, 1600M, 100M, 400M, 4X100 Relay, 800M, 200M, Sprint Medley



