

# WICHITA STATE

## TRACK & FIELD

### Herm Wilson Youth/High School Invitational

February 1, 2020 | Heskett Center | Wichita, KS

#### Facility

- The Heskett Center is a 6 lane, 200 meter flat track with 7 lanes on the straight.
- We have one competition area/runway/pit for the following field events: Shot Put, Long Jump/Triple Jump, High Jump and Pole Vault.
- The facility will open at 8:00am.

#### Age Groups

- Youth/High School awards will be given in 3 age groups: “10 and under”, “11-14” and “15-18”.
- We will have separate finals in the 60m hurdles and 60m dash for each age group.
- Athletes will compete together in field events and results will be sorted after completion of the event. Running events will be set up by age group, youngest to oldest.

#### Entry Procedure:

- All entries must be completed and paid online via Direct Athletics, or you can pay a late fee for day of meet registration (see next section “Entry Fees”).
- For Youth/High School search for “Herm Wilson Youth/High School Invitational” on Directathletics.com. The link will be available in early January.
- For instructions on how to use Direct Athletics please see the information at the end of this document.
- Entries are due by Wednesday, January 29<sup>th</sup>, 2020, no later than 10:00AM. Entries after this date/time will be subject to the late fee outlined in the next section.
- Please try to be accurate when projecting current entry times so that you can be seeded into the proper race or flight.

#### Entry Fees:

- Youth/High School: \$10/event for pre-registration. \$20/event for late registration or walk-up.
- Day of meet registration is only payable by cash or check.
- Please make all checks payable to: WSU ICAA
- Athletes will receive wristbands in their packet. Wrist bands will be used for facility access. Each athlete will get one additional coaching wristband for free entry into the meet.

#### Check in and day of meet entry information:

- There will be a check in table located near the entrance to the Heskett Center.
- Pre-Paid athletes: Check in and you will get a wristband for you and your coach.
- Walk-up registrations: Communicate with the check in table at the entrance of the Heskett Center that you are a walk-up registration athlete. Then you will need to register for your events and pay your entry fee (Check or cash only).
- Walk-up registrations must be completed by 9:00am for field events and 11:00am for running events.

**See next page for more information**

**Prelims/Finals:**

- All running events will be run as finals except the 60m dash and 60m hurdles for Youth/High School where there will be a preliminary and the top 7 in the 60m and top 6 in the 60m hurdles will run a final for each age group.
- Field events: Athletes will get 4 jumps/throws in the SP, LJ, and TJ.

**Check-in Procedure:**

- Field event athletes must check in 45 minutes prior to the scheduled start time of their event, at their respective event area.
- Running event athletes must check in 30 minutes prior to the schedule start time of their event. All running event athletes will check in and receive hip numbers on the first curve on the inside of the track.

**Implement Weigh-in:** All implements for both the Shot Put will be checked in near the throwing circle. Please find the weigh-in official one hour prior to the start of the first throwing event of the day.

**Admission:** \$5, kids under 3 are free. WSU students will receive free admission with their Shocker ID. Competing athletes get in free and they get one additional coaching entry at no charge.

**Results:** Will be posted in the hallway near the restrooms.

**Awards:** All age categories will receive a medal if they finish in the top-3 of their event.

**Facility Restrictions:**

- The use of ¼" pyramid spikes will be enforced.
- Warm up must be completed on the track area or in the designated area inside the track. No spikes on the basketball courts!
- No marking chalk, cones, or duct tape will be allowed on the track or runways. Only white athletic tape may be used on the track or runways.
- No electronic devices allowed inside the competition area at any time.

**Shower Facilities:** Showers will be available on the first floor of the Heskett Center, please bring your own towels.

**Parking/Directions:** The Heskett Center is located to the West of Eck Stadium (baseball stadium) along Perimeter Road.

**Questions:**

- Youth/High School contact John Wise at (316) 519-3920 or [jwise@goshockers.com](mailto:jwise@goshockers.com).

**How to enter/sign-up for Directathletics as an individual**

- If you don't already have an individual account start here, if you have an account skip to step 4
- 1) Select Sign Up from the top of Directathletics.com.
- 2) Click Athlete Account for individual athletes.
- 3) Fill out the Athlete Information form and click submit at the bottom.
- 4) Click Find Meets to Enter and type "Herm Wilson Youth/High School Invitational"
- 5) Make sure you are entering the correct competition and click on the name of the meet.
- 6) From the next page you'll want to click on the Enter Now button and confirm your information.
- 7) Select your events and enter an accurate projected entry mark.
- 8) After hitting submit you'll need to use a credit card to pay online.
- 9) All pre-registration will need to pay online by the entry deadline or be subject to a late fee.
- 10) Print out your entries as confirmation in case there are any discrepancies at the meet.