



Meet Information

The B&BraceKC is excited to host the B&BraceKC High School & Youth Holiday Festival Track Meet. Join us for indoor running events for all ages at the brand new 350-meter track in the **Hy-Vee Arena** (previously known as **Kemper Arena**).

All meet information will be posted at: www.BandBraceKC.com

Date: Saturday, December 14th, 2019

Location: Hy-Vee Arena, 1800 Genessee, Kansas City, MO 64102

Facility: The Hy-Vee Arena has a flat, five-lane 350-meter Mondo oval track with a 5-lane straightaway. **ONLY ¼ inch pyramid spikes are permitted (in track area only);** please bring non-spiked shoes to use in warm-up area.

Additional facility information can be found at: www.hyveearena.com

Schedule: See page 4. **Be advised:** The current schedule is tentative. Final Schedule will be emailed to participants by noon Thursday, December 12th, 2019. Participants are responsible for checking the updated schedule prior to attending the meet. No refunds will be provided for athletes who miss their event.

Entry Fee: Includes up to three events.
\$30.00 from 10/01/2019-11/30/2019
\$35.00 after 12/01/2019

Entry Process: All entries can be submitted online using the links below. Entries have been divided into separate links for youth and high school. Entries will remain open until 11:59pm Wednesday, December 11th, 2019. NO LATE ENTRIES WILL BE ACCEPTED. All entries must be **declared** and **paid in full** with a credit card through athletic.net by 11:59pm Wednesday, December 11th in order to be accepted in the meet.

Use the following links to enter the meet:

Entry link: <https://www.athletic.net/Help/Track.aspx?Meet=386106>

Event Seeding: Events will be seeded based on entry marks. Any athlete who is entered with no mark will be seeded at the bottom of the entry list. The youth events will be seeded separately from the high school. Meet management will try to seed youth athletes by age groups, but based on number of entries, some ages may be combined. All age groups in youth events will be run youngest to oldest or combined based on number of entries.

Entering the Hy-Vee Arena: All Spectators, athletes, and coaches must enter through the front door of the Arena. Admission for spectators is \$8.00 per individual (children 3 and under are free). Athletes, coaches, and spectators will be issued a wristband to enter the field house.

Heat Sheets & Results: Heat sheets will be emailed to the address provided at the time of meet entry no later than 6:00 p.m. December 11th, 2019. Heat sheets will also be posted in the warm-up area. Results will be posted after each event at www.BandBraceKC.com.

Check-in is at the gate.

Hip Numbers will be distributed by the timing area. All events will be escorted to their correct starting line.

Awards: All event champions in each age division will receive an award. Pick up at the gate.

Questions? Contact Mike Bloemker at: BandBraceKC@gmail.com

Meet Schedule

Final Schedule

Running Events: Saturday, December 14th

9:00 am rolling schedule Youth starts at 6 and under through 11-12

Youth Mile Run Girls (Age groups may be combined based on entries)

Youth Mile Run Boys (Age groups may be combined based on entries)

Youth 60 meter Dash Girls Final Lanes 1-4

Youth 60 meter Dash Boys Final Lanes 1-4

Youth 400 meter Dash Girls Final Lanes 1-4

Youth 400 meter Boys Final Lanes 1-4

Youth 800 meter Run Girls (Age groups may be combined based on entries)

Youth 800 meter Run Boys (Age groups may be combined based on entries)

Youth 200 meter Dash Girls Final Lanes 1-4

Youth 200 meter Dash Boys Final Lanes 1-4

High School Events start 13-14 and goes through 17-18

HS Girls Mile Run

HS Boys Mile Run

HS Girls 60 HH Final Lanes 1-4

HS Boys 60 HH Final Lanes 1-4

HS Girls 60 Dash Final Lanes 1-4

HS Boys 60 Dash Final Lanes 1-4

Girls 400m Dash Final Lanes 1-4

Boys 400m Dash Final Lanes 1-4

Girls 800m Run

Boys 800m Run

Girls 200m Dash Final Lanes 1-4

Boys 200m Dash Final Lanes 1-4

HS Girls 3000m Run

HS Boys 3000m Run