Fifth Annual
Youth Developmental Track Meet
May 7, 2016
Park Hill High School
7701 NW Barry Rd, Kansas City MO, 64153

GATES OPEN AT 8:00 A.M.
MEET STARTS AT 9:30 A.M.

- ENTRY FEE - $12.00 PER ATHLETE (ONLINE REGISTRATION – www.coacho.com)
- ADMISSION
  - $5.00
    - PERSONS AGE 6 AND OLDER
  - FREE
    - REGISTERED ATHLETES
    - COACHES
    - PERSONS AGE 5 AND UNDER

MEET RULES

- THIS MEET WILL ACCOMMODATE 8 & UNDER THRU 14 YEAR OLD ATHLETES ONLY
- 8 & UNDER – 12 YEAR OLD DIVISIONS MAY COMPETE IN A MAXIMUM OF 3 EVENTS
- 13 & 14 YEAR OLD DIVISIONS MAY COMPETE IN A MAXIMUM OF 4 EVENTS
- ALL EVENTS ARE ON A ROLLING SCHEDULE
- ALL AAU TRACK AND FIELD RULES ARE IN EFFECT FOR RUNNING EVENTS
- FIELD EVENTS FOR 8 & UNDER THRU 12 YEAR OLD WILL BE A 3 JUMP / THROW FINAL
- FIELD EVENTS FOR 13 & 14 YEAR OLD DIVISIONS WILL BE A 4 JUMP / THROW FINAL
- COACHES WILL BE ASKED TO HELP AS NEEDED
- COACHES WILL BE ALLOWED TO INSTRUCT ATHLETES DURING COMPETITION

AWARDS

- MEDALS WILL BE AWARDED TO TOP THREE FINISHERS IN EACH EVENT
AGE DIVISIONS

- 8 & UNDER
- 9 YRS
- 10 YRS
- 11 YRS
- 12 YRS
- 13 YRS
- 14 YRS

BIRTH YEAR

- 2008 +
- 2007
- 2006
- 2005
- 2004
- 2003
- 2002

ORDER OF RUNNING EVENTS (starts at 9:30 A.M.)

1500 METERS
100 METERS
400 METERS
4 X 100 METERS
800 METERS
200 METERS

ORDER OF FIELD EVENTS (starts at 9:30 A.M.)

DISCUS
SHOT PUT
LONG JUMP
TRIPLE JUMP

1. Running takes precedence over field events. When necessary, please have athletes check in at field event and return after running event(s).

2. Athletes in field events will compete in reverse order starting with 14 YR old division.

Meet Director: Ken McDaniel, urbane562003@yahoo.com, (816) 606-5323