



Excelerate Phenoms

Track and Field Club

*Member of USATF Missouri Valley Association
presents*

Phenoms of Track and Field Championship



Saturday, June 17, 2017

Grandview High School | 2300 High Grove Road, Grandview, MO 64030

FOR GENERAL QUESTIONS / REGISTRATION CONTACT:

David Green | Meet Director

Email: teamexcelerate@live.com | Phone: 816.686.2069

Emmet Pierson | Meet Commissioner

Email: ewpiersonjr@gmail.com | Phone: 816.517.8140

MEET/ENTRY FEE

\$6.00/Event Fee; \$24.00/Relay. Complimentary admission will be provided to all certified USATF Coaches/Administration. Please provide documentation upon arrival.

ONLINE REGISTRATION: All registration and meet entries should be completed by clicking the following link: [\(Coach O Online Registration Link\)](#). The deadline for all entries is June 14, 2017 at 11:58 pm CT. Immediately after registering , you will receive an email receipt which will produce a list of all athletes registered. Please review and contact the meet director with any issue prior to the meet.

IMPLEMENTS: All athletes must bring their own implements, will not be provided

AWARDS: Medals will presented for participants who finish 1st – 3rd place in each event and age division.

TEAM TROPHY will be presented to the team with the most overall points.

ORDER OF EVENTS / AGE GROUPS: Field events will start at 8:00 am and Running Events Starting at 8:30 am. All Events will run on a rolling schedule starting in girl/boy order unless otherwise specified in the event schedule. All field events will be limited to 4 attempts (except high jump).

The Meet Director may combine age groups if there are less than (8) athletes entered in the same event. Some field events will be combined (Girls/Boys). All Track Events take precedence over Field Event, please have athletes check in at field event and return after running event(s).

Order of Events						
8:00 AM (Field Events)	7-8 Years	9-10 Years	11-12 Years	13-14 Years	15-16 Years	17-18 Years
Long Jump	X	X	X	X	X	X
Triple Jump				X	X	X
Shot Put	X	X	X	X	X	X
High Jump		X	X	X	X	X
Discus			X	X	X	X
8:30 AM (Running Events)	7-8 Years	9-10 Years	11-12 Years	13-14 Years	15-16 Years	17-18 Years
3000 M			X	X	X	X
80 M Hurdles			X			
100 M Hurdles				X	X	X
110 M Hurdles					X	X
4 X 800 M Relay			X	X	X	X
100 M	X	X	X	X	X	X
400 M	X	X	X	X	X	X
1500 M		X	X	X	X	X
200 M Hurdles				X		
400 M Hurdles					X	X
4 X 100 M Relay	X	X	X	X	X	X
800 M	X	X	X	X	X	X
200 M	X	X	X	X	X	X
4 X 400 M Relay	X	X	X	X	X	X

GENERAL ADMISSION FEE: Gates open at 7:00 am. General Admission for spectators will be \$5.00 for ages 6 – adults. Children 5 and under FREE.

COACH'S MEETING: A coach's meeting will be held on the infield at the start of the 3000 M Race. Please send a member of your coaching staff to attend.

RESULTS: All results will posted within 30 minutes following each event. Final results will be posted on www.coacho.com.

*Please remember that Grandview High School is smoke-free, alcohol free facility.
No pets allowed in the stadium.*